

College of Arts

Bachelor of Sports Science and Physical Activity



Program	Bachelor of Sports Sciences and Physical Activity		
Program Features	• An academic program that awards a Bachelor’s degree from the university. • Study duration: 4 years.	Number of Credit Hours	130 hours
		Program Delivery Method	On-campus – Full-time
Program Schedule	Morning	Language of Instruction	Arabic
Program Overview			

A comprehensive program that integrates physical activity with health sciences related to sports and physical activities. It aims to prepare graduates who combine theoretical knowledge with practical skills, qualifying them for the labor market and enabling them to compete in local, regional, and international competitions. The program gives special priority to research fields and to supporting individuals with special needs in sports and physical activity.

Target Groups	Targeted Job Roles
• High school graduates (male and female)	• Physical education teacher in general or higher education. • Sports coach in clubs and national teams. • Fitness and health specialist. • Specialist in physical rehabilitation and sports injuries. • Academic researcher in sports sciences. • Administrator in sports federations, clubs, and athletic organizations.

Beneficiary Sectors
Education – Sports clubs – Sports federations – Rehabilitation and injury centers – Healthcare institutions – Universities – Local and international sports organizations.